



## Contents

It Takes Two To Tango.....	3
It's Never Too Late .....	4
It's Not In Your Destiny To Suffer.....	5
Join The Party .....	6
Joy .....	7
Key To Your Heart .....	8
Kindness.....	10
Kindness Is On My Mind.....	11
Know It All .....	12
Let Go .....	14
Let It Go.....	15
Life Goes On.....	16

## It Takes Two To Tango

It takes two to tangle.  
The next time you are about to get angry remembers the following.  
It takes two to tangle.  
You can diffuse your anger by seeing the molehill is not the mountain.  
What difference does it make?  
Do I really need to prove my point of view?  
There are always two sides to the story.  
The wise man always sees it takes two to tangle.  
If you give anger to a wise man he will not accept it.  
The anger will be redirected back to you.  
This is the true martial artist.  
The wise know it takes two to tangle.

## It's Never Too Late

It's never too late to change your life.  
It's never too late to send your wife flowers.  
It's never too late to play with your kids.  
It's never too late to travel.  
It's never too late to say you're sorry.  
It's never too late to spend time with your family.  
It's never too late to heal your relationships.  
It's never too late to decide what's most important besides your job.  
It's never too late to relax.  
It's never too late to pray.  
It's never too late to help your fellow man.  
It's never too late to be happy.  
It's never too late to have compassion.  
It's never too late to live in peace.

## It's Not In Your Destiny To Suffer

It's not in your destiny to suffer  
You can make a conscious choice to turn your life around.  
Isn't it amazing how people have turned around their lives?  
They were sinking and yet they made it out safely.  
This is the human spirit.  
We are here to help one another.  
We are here to be your friend.  
We are not here to judge or condemn you.  
We are all on the same journey in life.  
The wisdom we have gained we are sharing with you.  
We hope you can learn from our mistakes.  
That's why we tell our story.  
Humanity is precious.  
We are known throughout the universe.  
Remember it's not in your destiny to suffer.

## Join The Party

You are cordially invited to the party of life.

This party will blow your mind.

Every day is a celebration.

You must RSVP.

Please remember to show up.

You will have the time of your life.

Your true father will be there.

He wants to dance with you.

## Joy

A newborn baby has so much joy.  
A child loves this world.  
For him, this world is a playground.  
How curious is a child?  
Every moment a child is in delight.  
If he is sad it soon vanishes like the night.  
As we get older our joy silently sleeps away.  
During our twenties, thirties, and forties we ponder for the buck.  
But we have forgotten the sweetness of life.  
Realize that life is incredible.  
We are merely going through the motions as if we are drunk.  
Life has so much to offer if we stop and listen.  
The rhythm of life is beating in our souls.  
Stop and listen.  
Your joy is there waiting for you.

## Key To Your Heart

You have a key to your heart.  
Only you can unlock it.  
You have searched your entire life for something that lies inside of you.  
Isn't that an irony?  
You don't learn that in school.





## Kindness

God's nature is kindness.

God does not hurt us.

He does not judge us.

He does not condone us.

God is kind.

Think that over.

God is kind.

The next time you put your 5 bucks into the offering basket.

Think God is kind.

If you can master anything in your life.

Master kindness.

Your friends and family will love you for it.

The world will rejoice in this.

## Kindness Is On My Mind

Hello, my friend.  
Please stay awhile.  
Kindness is on my mind.  
The whole world seems to be freaking out.  
Facebook is on fire.  
What is the solution to our problems?  
Simple.  
Be kind.

## Know It All

Many people think that the person writing this is a know it all.  
How further from the truth that is?  
We are always growing and learning.  
There will never be a time when we can clap our hands and say yep I'm done  
learning.  
We are always learning.  
Even when we die the journey of learning will never end.  
This is a grand adventure.  
For eternity we are on this journey of knowing and discovering.  
This is the mystery of life.  
To go back to the know it all.  
We are all learning to deflate our egos.  
It took time to inflate them and it takes time to deflate them.  
We are not perfect.  
We stumble and fall.  
We are simply trying to give help on the way.



## Let Go

If I would offer any advice I would say the following.

Let go.

Why are you holding on to the past?

Let go of your grudges.

You are holding on to something that is drowning you.

Is it worth it?

Let go of your anger.

Your body, mind, and soul don't like it.

You are getting old way before it's time.

Let go of your worries.

They don't help in any situation.

Let go of your intolerance.

You can't see clearly in that state.

Let go of your prejudice.

There is room for all in this world.

Let go of all the junk you are carrying.

That old jalopy is not worth a dime.

We have forgotten our true nature.

We love our junk because we don't know who we are.

Ponder the meaning behind these words.

## Let It Go

Are you tired of being angry?  
Let it go.  
Are you tired of struggling?  
Let it go.  
Are you tired of your lack of patience?  
Let it go.  
Are you tired of your intolerance?  
Let it go.  
Are you tired of your bottled emotions?  
Let it go.  
Are you tired of fighting?  
Let it go.  
Are you tired of blaming others?  
Let it go.  
You can let go of all of these things.  
Day by day weed your garden.  
You are the farmer.  
Nobody can pull the weeds for you.

## Life Goes On.

Life goes on.  
It never waits for anyone.  
You were born and someday you will die.  
Yet life just continues along on its journey.  
You are a part of life.  
Yet at times we think we are alone.  
What is keeping you alive?  
What is that life force energy which is your soul?  
When your soul leaves your body you will no longer be around.  
Ponder the meanings of these words.  
You can solve this mystery.